

# Cheddar Community Calendar

## November 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Calendars subject to change. Check white board daily.			<p>1</p> <p>9:15am Frisbee Toss(AR) 10:00am Breakfast Club 1:00pm Wellness Centre activities 2:00pm Independent Activity 3:00pm One To One Visit 4:00pm Exercise to Music 7:00pm Toast and Jam</p>	<p>2</p> <p>9:15am Exercise Group 10:00am Breakfast Club 1:00pm Wellness Centre activities 1:30pm Bible Study(H) <b>1:30pm Community Bus Outing-Shopper's Drug mart</b> 2:00pm Travelling Ice Cream 4:00pm Manicures</p>	<p>3</p> <p>9:15am Exercise group 10:00am Breakfast Club 1:00pm Wellness Centre activities 2:00pm Picture Bingo 3:00pm Chores 4:00pm Current Events <b>6:45pm Dean Card and Friends to Entertain(AR)</b></p>	<p>4</p> <p><b>10:00am Hastings Centennial Manor Christmas Bazaar(Auditorium)</b> 10:00am Breakfast Club</p>
<p>5</p> <p>10:00am Breakfast Club 2:00pm Anglican Parish of North Hastings Church Service(AR) 3:00pm Afternoon Tea(AR)</p>	<p>6</p> <p>9:15am Exercise Group 10:00am Breakfast Club 1:00pm Wellness Center activities <b>2:00pm Gerry Phillips Band to Entertain(AR)</b> 4:00pm Montessori-Reading Roundtable 7:00pm Basketball</p>	<p>7</p> <p>9:15am Exercise Group 10:00am Breakfast Club 10:30am Color and Paint with Sue(AR) 1:00pm Wellness Center Activities <b>2:00pm Metis Veteran's Presentation(AR)</b> 4:00pm Lets Get Active</p>	<p>8</p> <p>9:15am Basketball(AR) 10:00am Breakfast Club 1:00pm Wellness Centre activities <b>2:00pm Birthday Party(AR)</b> 3:30pm Fun with Food-Sugar cookies 6:30pm Bowling</p>	<p>9</p> <p>9:15am Exercise Group <b>9:30am Bus Outing to Walmart Belleville</b> 10:00am Breakfast Club 10:30am Catholic Mass 1:00pm Wellness Centre activities 1:30pm Bible Study(H) 2:00pm Travelling Ice Cream 4:00pm Manicures</p>	<p>10</p> <p>9:15am Exercise group 10:00am Breakfast Club 1:00pm Wellness Centre activities 2:00pm Bingo(AR) 3:00pm Chores 3:30pm Happy Hour(AR) 4:00pm Current Events 7:00pm Games night(AR)</p>	<p>11</p> <p>10:00am Breakfast Club <b>10:30am Remembrance Day Service(AR)</b> <b>11:00am Moment of Silence(AR)</b> <b>2:00pm Afternoon Tea(AR)</b></p>
<p>12</p> <p>10:00am Breakfast Club 2:00pm Recreation Church Service(AR) 3:00pm Afternoon Tea(AR)</p> 	<p>13</p> <p>9:15am Exercise Group 10:00am Breakfast Club <b>12:00pm Chinese food lunch</b> 1:00pm Wellness Center activities 2:00pm Resident Safety Education-Winter Safety Meeting 4:00pm Montessori-Sorting 7:00pm Basketball</p>	<p>14</p> <p>9:15am Exercise Group 10:00am Breakfast Club 10:30am Color and Paint with Sue(AR) 1:00pm Wellness Center Activities 1:30pm Line Dancing(AR) <b>2:00pm Deck the Halls - Auditorium</b> 4:00pm Lets Get Active</p>	<p>15</p> <p>9:15am Exercise Group 10:00am Breakfast Club <b>12:00pm Northside Mario's Lunch(AR)</b> 1:00pm Wellness Centre activities <b>2:00pm Deck the Halls - Front Lobby</b> 3:00pm One To One Visit 4:00pm Exercise to Music 6:30pm Bowling</p>	<p>16</p> <p>9:15am Exercise Group 10:00am Breakfast Club 1:00pm Wellness Centre activities 1:30pm Bible Study(H) 2:00pm Travelling Ice Cream 4:00pm Manicures</p>	<p>17</p> <p>9:15am Exercise group 10:00am Breakfast Club 1:00pm Wellness Centre activities <b>2:00pm Deer Hunting Games(AR)</b> <b>4:00pm Deck the Halls-sun room</b> 7:00pm Bingo(AR)</p> 	<p>18</p> <p>10:00am Breakfast Club <b>2:00pm Trimming the Tree(AR)</b></p>
<p>19</p> <p>10:00am Breakfast Club 2:00pm Hillview Mennonite Church Service(AR) 3:00pm Afternoon Tea(AR)</p>	<p>20</p> <p>9:15am Exercise Group 10:00am Breakfast Club 1:00pm Wellness Center activities <b>2:00pm Deck the Halls - Dining Room</b> 3:00pm Poetry Reading 4:00pm Montessori-Matching 7:00pm Basketball</p>	<p>21</p> <p>9:15am Exercise Group 10:00am Breakfast Club 10:30am Color and Paint with Sue(AR) 1:00pm Wellness Center Activities 2:00pm Resident Safety Education-Winter Safety Meeting <b>3:00pm Deck the Halls-lounge</b> 4:00pm Lets Get Active</p>	<p>22</p> <p>9:15am Floor Hockey(AR) 10:00am Breakfast Club 1:00pm Wellness Centre activities 2:30pm Deck the Halls 3:00pm One To One Visit 4:00pm Exercise to Music 6:30pm Bowling</p>	<p>23</p> <p>9:15am Exercise Group 10:00am Breakfast Club 11:00am Resident's Council(AR) 1:00pm Wellness Centre activities 1:30pm Bible Study(H) 2:00pm Travelling Ice Cream 4:00pm Manicures</p>	<p>24</p> <p>9:15am Exercise group 10:00am Breakfast Club 1:00pm Wellness Centre activities 2:00pm Picture Bingo 3:00pm Chores 3:30pm Happy Hour(AR) 4:00pm Current Events <b>7:00pm Square Dance(AR)</b></p>	<p>25</p> <p>10:00am Breakfast Club <b>2:00pm Deck the Halls-Trimming 2nd floor Fireplace Trees</b></p>
<p>26</p> <p>10:00am Breakfast Club 2:00pm St. Paul's United Church Service(AR) 3:00pm Afternoon Tea(AR)</p> 	<p>27</p> <p>9:15am Exercise Group 10:00am Breakfast Club 1:00pm Wellness Center activities 2:00pm Arts and Crafts-Christmas Craft(AR) 3:00pm Montessori-Handwriting 4:00pm Sing A Long 7:00pm Basketball</p>	<p>28</p> <p>9:15am Exercise Group 10:00am Breakfast Club 10:30am Color and Paint with Sue(AR) 1:00pm Wellness Center Activities <b>2:00pm Wrapped in Courage-Metis Presentation(Auditorium)</b> 4:00pm Lets Get Active</p>	<p>29</p> <p>9:15am Exercise Group 10:00am Breakfast Club 1:00pm Wellness Centre activities <b>2:00pm Peanut Auction(AR)</b> 3:00pm One To One Visit 4:00pm Exercise to Music 6:30pm Bowling</p>	<p>30</p> <p>9:15am Exercise Group 10:00am Breakfast Club <b>11:00am Lunch at Rustic Roadhouse Restaurant</b> 1:00pm Wellness Centre activities 1:30pm Bible Study(H) 2:00pm Travelling Ice Cream 4:00pm Manicures</p>		

